

INSPIRATION NOW

THROUGH GROWTH MINDSETS

GROWTH VOCAB

GROWTH MINDSET STRATEGY #1

METACOGNITION

GROWTHMINDSET STRATEGY #2

FEEDFORWARD >>>

GROWTHMINDSET STRATEGY #3

RESILIENCE SEATING

GROWTH MINDSET STRATEGY #4

PROCESS NOT PRODUCT

GROWTH MINDSET STRATEGY #5

OSCAR Y7—I WAS SO WORRIED ABOUT STARTING SECONDARY SCHOOL BUT ON MY FIRST DAY I WAS REALLY BRAVE AND BY THE SECOND DAY I LOVED IT

COBY Y9—MY FRIENDS TOLD ME I WAS RUBBISH AT RUGBY BUT I KEPT PRACTICING AND NOW I PLAY FOR MY LOCAL CLUB

CAIT Y8—MY TEAM TOLD ME I COULDN'T SCORE A TRY IN RUGBY BUT THE NEXT GAME I SCORED 2

OTTO Y11—I WAS DETERMINED TO DO WELL IN MY MOCK EXAMS. I WORKED SO HARD AND GOT AN A

MISS BARBER, LSA—AT SCHOOL I WAS TOLD I COULDN'T SING, BUT IF I FOCUSED ON MY MUSIC AND ENDED UP SINGING WITH JOSS STONE

ALEXIA Y9—I COULDN'T DO THAT PERCENTAGE THING AT ALL BUT I WENT HOME AND TRIED AND TRIED AGAIN AND SUDDENLY IT CLICKED!

VERITY Y9—I WAS REALLY BADLY IN THE PIT BUT I WAS SO HAPPY WHEN I CAME OUT! PEER SUPPORT REALLY HELPED

GROWTH MINDSET OUTCOMES